

# Feast of the Visitation of the Blessed Virgin Mary

Lectionary: 572

Reading I

Zep 3:14-18a

Shout for joy, O daughter Zion!

Sing joyfully, O Israel!

Be glad and exult with all your heart,

O daughter Jerusalem!

The LORD has removed the judgment against you,

he has turned away your enemies;

The King of Israel, the LORD, is in your midst,

you have no further misfortune to fear.

On that day, it shall be said to Jerusalem:

Fear not, O Zion, be not discouraged!

The LORD, your God, is in your midst,

a mighty savior;

He will rejoice over you with gladness,

and renew you in his love,

He will sing joyfully because of you,

as one sings at festivals.

OR:

[Rom 12:9-16](#)

Brothers and sisters:

Let love be sincere;

hate what is evil,

hold on to what is good;  
love one another with mutual affection;  
anticipate one another in showing honor.

Do not grow slack in zeal,  
be fervent in spirit,  
serve the Lord.

Rejoice in hope,  
endure in affliction,  
persevere in prayer.

Contribute to the needs of the holy ones,  
exercise hospitality.

Bless those who persecute you,  
bless and do not curse them.

Rejoice with those who rejoice,  
weep with those who weep.

Have the same regard for one another;  
do not be haughty but associate with the lowly;  
do not be wise in your own estimation.

## Responsorial Psalm

Isaiah 12:2-3, 4bcd, 5-6

R. (6) Among you is the great and Holy One of Israel.

God indeed is my savior;

I am confident and unafraid.

My strength and my courage is the LORD,

and he has been my savior.

With joy you will draw water

at the fountain of salvation.

R. Among you is the great and Holy One of Israel.

Give thanks to the LORD, acclaim his name;  
among the nations make known his deeds,  
proclaim how exalted is his name.

R. Among you is the great and Holy One of Israel.  
Sing praise to the LORD for his glorious achievement;  
let this be known throughout all the earth.

Shout with exultation, O city of Zion,  
for great in your midst  
is the Holy One of Israel!

R. Among you is the great and Holy One of Israel.  
**Alleluia**

**See Lk 1:45**

R. Alleluia, alleluia.

Blessed are you, O Virgin Mary, who believed  
that what was spoken to you by the Lord would be fulfilled.

R. Alleluia, alleluia.

**Gospel**

**Lk 1:39-56**

Mary set out  
and traveled to the hill country in haste  
to a town of Judah,  
where she entered the house of Zechariah  
and greeted Elizabeth.

When Elizabeth heard Mary's greeting,  
the infant leaped in her womb,  
and Elizabeth, filled with the Holy Spirit,  
cried out in a loud voice and said,  
"Most blessed are you among women,

and blessed is the fruit of your womb.  
And how does this happen to me,  
that the mother of my Lord should come to me?  
For at the moment the sound of your greeting reached my ears,  
the infant in my womb leaped for joy.  
Blessed are you who believed  
that what was spoken to you by the Lord  
would be fulfilled.”

And Mary said:

“My soul proclaims the greatness of the Lord;  
my spirit rejoices in God my Savior,  
for he has looked with favor on his lowly servant.  
From this day all generations will call me blessed:  
the Almighty has done great things for me,  
and holy is his Name.

He has mercy on those who fear him  
in every generation.

He has shown the strength of his arm,  
he has scattered the proud in their conceit.

He has cast down the mighty from their thrones,  
and has lifted up the lowly.

He has filled the hungry with good things,  
and the rich he has sent away empty.

He has come to the help of his servant Israel  
for he has remembered his promise of mercy,  
the promise he made to our fathers,  
to Abraham and his children for ever.”

Mary remained with her about three months  
and then returned to her home.

## Memorial of Saint Justin, Martyr

Lectionary: 354

### Reading 1

Tb 2:9-14

On the night of Pentecost, after I had buried the dead,  
I, Tobit, went into my courtyard  
to sleep next to the courtyard wall.

My face was uncovered because of the heat.

I did not know there were birds perched on the wall above me,  
till their warm droppings settled in my eyes, causing cataracts.

I went to see some doctors for a cure

but the more they anointed my eyes with various salves,  
the worse the cataracts became,  
until I could see no more.

For four years I was deprived of eyesight, and  
all my kinsmen were grieved at my condition.

Ahiqar, however, took care of me for two years,  
until he left for Elymais.

At that time, my wife Anna worked for hire  
at weaving cloth, the kind of work women do.

When she sent back the goods to their owners, they would pay her.

Late in winter on the seventh of Dystrus,  
she finished the cloth and sent it back to the owners.

They paid her the full salary

and also gave her a young goat for the table.

On entering my house the goat began to bleat.

I called to my wife and said: "Where did this goat come from?

Perhaps it was stolen! Give it back to its owners;  
we have no right to eat stolen food!"

She said to me, "It was given to me as a bonus over and above my wages."

Yet I would not believe her,  
and told her to give it back to its owners.

I became very angry with her over this.

So she retorted: "Where are your charitable deeds now?

Where are your virtuous acts?

See! Your true character is finally showing itself!"

## Responsorial Psalm

112:1-2, 7-8, 9

R. (see 7c) The heart of the just one is firm, trusting in the Lord.

or:

R. Alleluia.

Blessed the man who fears the LORD,  
who greatly delights in his commands.

His posterity shall be mighty upon the earth;  
the upright generation shall be blessed.

R. The heart of the just one is firm, trusting in the Lord.

or:

R. Alleluia.

An evil report he shall not fear;  
his heart is firm, trusting in the LORD.

His heart is steadfast; he shall not fear

till he looks down upon his foes.

R. The heart of the just one is firm, trusting in the Lord.

or:

R. Alleluia.

Lavishly he gives to the poor;

his generosity shall endure forever;

his horn shall be exalted in glory.

R. The heart of the just one is firm, trusting in the Lord.

or:

R. Alleluia.

**Alleluia**

**See Eph 1:17-18**

R. Alleluia, alleluia.

May the Father of our Lord Jesus Christ

enlighten the eyes of our hearts,

that we may know what is the hope

that belongs to his call.

R. Alleluia, alleluia.

**Gospel**

**Mk 12:13-17**

Some Pharisees and Herodians were sent

to Jesus to ensnare him in his speech.

They came and said to him,

“Teacher, we know that you are a truthful man

and that you are not concerned with anyone’s opinion.

You do not regard a person’s status

but teach the way of God in accordance with the truth.

Is it lawful to pay the census tax to Caesar or not?

Should we pay or should we not pay?”  
Knowing their hypocrisy he said to them,  
“Why are you testing me?  
Bring me a denarius to look at.”  
They brought one to him and he said to them,  
“Whose image and inscription is this?”  
They replied to him, “Caesar’s.”  
So Jesus said to them,  
“Repay to Caesar what belongs to Caesar  
and to God what belongs to God.”  
They were utterly amazed at him.

## Wednesday of the Ninth Week in Ordinary Time

Lectionary: 355  
Reading I

**Tb 3:1-11a, 16-17a**

Grief-stricken in spirit, I, Tobit, groaned and wept aloud.  
Then with sobs I began to pray:

“You are righteous, O Lord,  
and all your deeds are just;  
All your ways are mercy and truth;  
you are the judge of the world.  
And now, O Lord, may you be mindful of me,  
and look with favor upon me.  
Punish me not for my sins,

nor for my inadvertent offenses,  
nor for those of my ancestors.

“We sinned against you,  
and disobeyed your commandments.

So you handed us over to plundering, exile, and death,  
till you made us the talk and reproach of all the nations  
among whom you had dispersed us.

“Yes, your judgments are many and true  
in dealing with me as my sins  
and those of my ancestors deserve.

For we have not kept your commandments,  
nor have we trodden the paths of truth before you.

“So now, deal with me as you please,  
and command my life breath to be taken from me,  
that I may go from the face of the earth into dust.

It is better for me to die than to live,  
because I have heard insulting calumnies,  
and I am overwhelmed with grief.

“Lord, command me to be delivered from such anguish;  
let me go to the everlasting abode;  
Lord, refuse me not.

For it is better for me to die  
than to endure so much misery in life,  
and to hear these insults!”

On the same day, at Ecbatana in Media,  
it so happened that Raguel’s daughter Sarah  
also had to listen to abuse,

from one of her father's maids.

For she had been married to seven husbands,  
but the wicked demon Asmodeus killed them off  
before they could have intercourse with her,  
as it is prescribed for wives.

So the maid said to her:

“You are the one who strangles your husbands!

Look at you!

You have already been married seven times,  
but you have had no joy with any one of your husbands.  
Why do you beat us? Is it on account of your seven husbands,  
Because they are dead?  
May we never see a son or daughter of yours!”

The girl was deeply saddened that day,  
and she went into an upper chamber of her house,  
where she planned to hang herself.

But she reconsidered, saying to herself:

“No! People would level this insult against my father:

‘You had only one beloved daughter,  
but she hanged herself because of ill fortune!’

And thus would I cause my father in his old age  
to go down to the nether world laden with sorrow.

It is far better for me not to hang myself,  
but to beg the Lord to have me die,  
so that I need no longer live to hear such insults.”

At that time, then, she spread out her hands,  
and facing the window, poured out her prayer:

“Blessed are you, O Lord, merciful God,  
and blessed is your holy and honorable name.  
Blessed are you in all your works for ever!”

At that very time,  
the prayer of these two suppliants  
was heard in the glorious presence of Almighty God.  
So Raphael was sent to heal them both:  
to remove the cataracts from Tobit’s eyes,  
so that he might again see God’s sunlight;  
and to marry Raguel’s daughter Sarah to Tobit’s son Tobiah,  
and then drive the wicked demon Asmodeus from her.

## Responsorial Psalm

25:2-3, 4-5ab, 6 and 7bc, 8-9

R. (1) To you, O Lord, I lift my soul.  
In you I trust; let me not be put to shame,  
let not my enemies exult over me.  
No one who waits for you shall be put to shame;  
those shall be put to shame who heedlessly break faith.

R. To you, O Lord, I lift my soul.  
Your ways, O LORD, make known to me;  
teach me your paths,  
Guide me in your truth and teach me,  
for you are God my savior.

R. To you, O Lord, I lift my soul.  
Remember that your compassion, O LORD,  
and your kindness are from of old.  
In your kindness remember me,

because of your goodness, O LORD.

R. To you, O Lord, I lift my soul.

Good and upright is the LORD;

thus he shows sinners the way.

He guides the humble to justice,

he teaches the humble his way.

R. To you, O Lord, I lift my soul.

**Alleluia**

**Jn 11:25a, 26**

R. Alleluia, alleluia.

I am the resurrection and the life, says the Lord;<sup>[1]</sup><sub>[SEP]</sub>

whoever believes in me will never die.

R. Alleluia, alleluia.

**Gospel**

**Mk 12:18-27**

Some Sadducees, who say there is no resurrection, came to Jesus and put this question to him, saying,

“Teacher, Moses wrote for us,

‘If someone’s brother dies, leaving a wife but no child,

his brother must take the wife

and raise up descendants for his brother.’

Now there were seven brothers.

The first married a woman and died, leaving no descendants.

So the second brother married her and died, leaving no descendants,

and the third likewise.

And the seven left no descendants.

Last of all the woman also died.

At the resurrection when they arise whose wife will she be?

For all seven had been married to her.”  
Jesus said to them, “Are you not misled  
because you do not know the Scriptures or the power of God?  
When they rise from the dead,  
they neither marry nor are given in marriage,  
but they are like the angels in heaven.  
As for the dead being raised,  
have you not read in the Book of Moses,  
in the passage about the bush, how God told him,  
*I am the God of Abraham, the God of Isaac,  
and the God of Jacob?*  
He is not God of the dead but of the living.  
You are greatly misled.”

## Memorial of Saint Charles Lwanga and Companions, Martyrs

Lectionary: 356  
Reading I

**Tb 6:10-11; 7:1bcde, 9-17; 8:4-9a**

When the angel Raphael and Tobiah had entered Media  
and were getting close to Ecbatana,  
Raphael said to the boy,  
“Tobiah, my brother!”  
He replied: “Here I am!”  
He said: “Tonight we must stay with Raguel, who is a relative of yours.  
He has a daughter named Sarah.”

So he brought him to the house of Raguel,  
whom they found seated by his courtyard gate.

They greeted him first.

He said to them, "Greetings to you too, brothers!

Good health to you, and welcome!"

And he brought them into his home.

Raguel slaughtered a ram from the flock  
and gave them a cordial reception.

When they had bathed and reclined to eat, Tobiah said to Raphael,

"Brother Azariah, ask Raguel to let me marry  
my kinswoman Sarah."

Raguel overheard the words; so he said to the boy:

"Eat and drink and be merry tonight,

for no man is more entitled

to marry my daughter Sarah than you, brother.

Besides, not even I have the right to give her to anyone but you,  
because you are my closest relative.

But I will explain the situation to you very frankly.

I have given her in marriage to seven men,

all of whom were kinsmen of ours,

and all died on the very night they approached her.

But now, son, eat and drink.

I am sure the Lord will look after you both."

Tobiah answered,

"I will eat or drink nothing until you set aside what belongs to me."

Raguel said to him: "I will do it.

She is yours according to the decree of the Book of Moses.

Your marriage to her has been decided in heaven!

Take your kinswoman;  
from now on you are her love, and she is your beloved.  
She is yours today and ever after.  
And tonight, son, may the Lord of heaven prosper you both.  
May he grant you mercy and peace.”

Then Raguel called his daughter Sarah, and she came to him.  
He took her by the hand and gave her to Tobiah with the words:  
“Take her according to the law.  
According to the decree written in the Book of Moses  
she is your wife.  
Take her and bring her back safely to your father.  
And may the God of heaven grant both of you peace and prosperity.”

Raguel then called Sarah’s mother and told her to bring a scroll,  
so that he might draw up a marriage contract  
stating that he gave Sarah to Tobiah as his wife  
according to the decree of the Mosaic law.  
Her mother brought the scroll,  
and Raguel drew up the contract, to which they affixed their seals.

Afterward they began to eat and drink.  
Later Raguel called his wife Edna and said,  
“My love, prepare the other bedroom and bring the girl there.”  
She went and made the bed in the room, as she was told,  
and brought the girl there.  
After she had cried over her, she wiped away the tears and said:  
“Be brave, my daughter.  
May the Lord grant you joy in place of your grief.  
Courage, my daughter.”  
Then she left.

When the girl's parents left the bedroom  
and closed the door behind them,  
Tobiah arose from bed and said to his wife,  
"My love, get up.  
Let us pray and beg our Lord to have mercy on us  
and to grant us deliverance."  
She got up, and they started to pray  
and beg that deliverance might be theirs.  
And they began to say:

"Blessed are you, O God of our fathers,  
praised be your name forever and ever.  
Let the heavens and all your creation  
praise you forever.  
You made Adam and you gave him his wife Eve  
to be his help and support;  
and from these two the human race descended.  
You said, 'It is not good for the man to be alone;  
let us make him a partner like himself.'  
Now, Lord, you know that I take this wife of mine  
not because of lust,  
but for a noble purpose.  
Call down your mercy on me and on her,  
and allow us to live together to a happy old age."

They said together, "Amen, amen," and went to bed for the night.

## Responsorial Psalm

128:1-2, 3, 4-5

R. (see 1a) Blessed are those who fear the Lord.

Blessed are you who fear the LORD,

who walk in his ways!

For you shall eat the fruit of your handiwork;

Blessed shall you be, and favored.

R. Blessed are those who fear the Lord.

Your wife shall be like a fruitful vine

in the recesses of your home;

Your children like olive plants

around your table.

R. Blessed are those who fear the Lord.

Behold, thus is the man blessed

who fears the LORD.

The LORD bless you from Zion:

may you see the prosperity of Jerusalem

all the days of your life.

R. Blessed are those who fear the Lord.

**Alleluia**

**See 2 Tm 1:10**

R. Alleluia, alleluia.

Our Savior Jesus Christ has destroyed death<sup>[SEP]</sup>

and brought life to light through the Gospel.

R. Alleluia, alleluia.

**Gospel**

**Mk 12:28-34**

One of the scribes came to Jesus and asked him,

“Which is the first of all the commandments?”

Jesus replied, “The first is this:

*Hear, O Israel!*

*The Lord our God is Lord alone!*

*You shall love the Lord your God with all your heart,  
with all your soul, with all your mind,  
and with all your strength.*

The second is this:

*You shall love your neighbor as yourself.*

There is no other commandment greater than these.”

The scribe said to him, “Well said, teacher.

You are right in saying,

*He is One and there is no other than he.*

And to love him with all your heart,

*with all your understanding,*

*with all your strength,*

*and to love your neighbor as yourself*

is worth more than all burnt offerings and sacrifices.”

And when Jesus saw that he answered with understanding,

he said to him, “You are not far from the Kingdom of God.”

And no one dared to ask him any more questions.

## Friday of the Ninth Week in Ordinary Time

Lectionary: 357

Reading I

Tb 11:5-17

Anna sat watching the road by which her son was to come.  
When she saw him coming, she exclaimed to his father,  
“Tobit, your son is coming, and the man who traveled with him!”

Raphael said to Tobiah before he reached his father:

“I am certain that his eyes will be opened.

Smear the fish gall on them.

This medicine will make the cataracts shrink and peel off from his eyes;  
then your father will again be able to see the light of day.”

Then Anna ran up to her son, threw her arms around him,  
and said to him,

“Now that I have seen you again, son, I am ready to die!”

And she sobbed aloud.

Tobit got up and stumbled out through the courtyard gate.

Tobiah went up to him with the fish gall in his hand,  
and holding him firmly, blew into his eyes.

“Courage, father,” he said.

Next he smeared the medicine on his eyes, and it made them smart.

Then, beginning at the corners of Tobit’s eyes,

Tobiah used both hands to peel off the cataracts.

When Tobit saw his son, he threw his arms around him and wept.

He exclaimed, “I can see you, son, the light of my eyes!”

Then he said:

“Blessed be God,  
and praised be his great name,  
and blessed be all his holy angels.

May his holy name be praised  
throughout all the ages,

Because it was he who scourged me,  
and it is he who has had mercy on me.  
Behold, I now see my son Tobiah!”

Then Tobit went back in, rejoicing and praising God with full voice  
for everything that had happened.

Tobiah told his father that  
the Lord God had granted him a successful journey;  
that he had brought back the money;  
and that he had married Raguel’s daughter Sarah,  
who would arrive shortly,  
for she was approaching the gate of Nineveh.

Tobit and Anna rejoiced  
and went out to the gate of Nineveh  
to meet their daughter-in-law.

When the people of Nineveh saw Tobit walking along briskly,  
with no one leading him by the hand, they were amazed.

Before them all Tobit proclaimed  
how God had mercifully restored sight to his eyes.

When Tobit reached Sarah, the wife of his son Tobiah,  
he greeted her: “Welcome, my daughter!

Blessed be your God for bringing you to us, daughter!

Blessed is your father, and blessed is my son Tobiah,  
and blessed are you, daughter!

Welcome to your home with blessing and joy.

Come in, daughter!”

That day there was joy for all the Jews who lived in Nineveh.

**Responsorial Psalm**

146:1b-2, 6c-7, 8-9a, 9bc-10

R. (1b) Praise the Lord, my soul!

or:

R. Alleluia.

Praise the LORD, O my soul;

I will praise the LORD all my life;

I will sing praise to my God while I live.

R. Praise the Lord, my soul!

or:

R. Alleluia.

The LORD keeps faith forever,

secures justice for the oppressed,

gives food to the hungry.

The LORD sets captives free.

R. Praise the Lord, my soul!

or:

R. Alleluia.

The LORD gives sight to the blind.

The LORD raises up those who are bowed down;

the LORD loves the just.

The LORD protects strangers.

R. Praise the Lord, my soul!

or:

R. Alleluia.

The fatherless and the widow he sustains,

but the way of the wicked he thwarts

The LORD shall reign forever,

your God, O Zion, through all generations! Alleluia.

R. Praise the Lord, my soul!

or:

R. Alleluia.

Alleluia

**Jn 14:23**

R. Alleluia, alleluia.

Whoever loves me will keep my word,  
and my Father will love him  
and we will come to him.

R. Alleluia, alleluia.

Gospel

**Mk 12:35-37**

As Jesus was teaching in the temple area he said,  
“How do the scribes claim that the Christ is the son of David?  
David himself, inspired by the Holy Spirit, said:

*The Lord said to my lord,  
‘Sit at my right hand  
until I place your enemies under your feet.’*

David himself calls him ‘lord’;  
so how is he his son?”

The great crowd heard this with delight.

## Memorial of Saint Boniface, Bishop and Martyr

Lectionary: 358

Reading I

Tb 12:1, 5-15, 20

Tobit called his son Tobiah and said to him,  
“Son, see to it that you give what is due to the man  
who made the journey with you; give him a bonus too.”

So he called Raphael and said,  
“Take as your wages half of all that you have brought back,  
and go in peace.”

Raphael called the two men aside privately and said to them:  
“Thank God! Give him the praise and the glory.

Before all the living,  
acknowledge the many good things he has done for you,  
by blessing and extolling his name in song.

Honor and proclaim God’s deeds,  
and do not be slack in praising him.

A king’s secret it is prudent to keep,  
but the works of God are to be declared and made known.

Praise them with due honor.

Do good, and evil will not find its way to you.

Prayer and fasting are good,

but better than either is almsgiving accompanied by righteousness.

A little with righteousness is better than abundance with wickedness.

It is better to give alms than to store up gold;

for almsgiving saves one from death and expiates every sin.

Those who regularly give alms shall enjoy a full life;

but those habitually guilty of sin are their own worst enemies.

“I will now tell you the whole truth;

I will conceal nothing at all from you.

I have already said to you,  
'A king's secret it is prudent to keep,  
but the works of God are to be made known with due honor.'  
I can now tell you that when you, Tobit, and Sarah prayed,  
it was I who presented and read the record of your prayer  
before the Glory of the Lord;  
and I did the same thing when you used to bury the dead.  
When you did not hesitate to get up  
and leave your dinner in order to go and bury the dead,  
I was sent to put you to the test.  
At the same time, however,  
God commissioned me to heal you and your daughter-in-law Sarah.  
I am Raphael, one of the seven angels  
who enter and serve before the Glory of the Lord."

"So now get up from the ground and praise God.  
Behold, I am about to ascend to him who sent me;  
write down all these things that have happened to you."

## Responsorial Psalm

**Tobit 13:2, 6efgh, 7, 8**

R. (1b) Blessed be God, who lives for ever.

He scourges and then has mercy;

he casts down to the depths of the nether world,  
and he brings up from the great abyss.

No one can escape his hand.

R. Blessed be God, who lives for ever.

So now consider what he has done for you,  
and praise him with full voice.

Bless the Lord of righteousness,  
and exalt the King of ages.

R. Blessed be God, who lives for ever.

In the land of my exile I praise him  
and show his power and majesty to a sinful nation.

R. Blessed be God, who lives for ever.

Bless the Lord, all you his chosen ones,  
and may all of you praise his majesty.

Celebrate days of gladness, and give him praise.

R. Blessed be God, who lives for ever.

**Alleluia**

**Mt 5:3**

R. Alleluia, alleluia.

Blessed are the poor in spirit;  
for theirs is the Kingdom of heaven.

R. Alleluia, alleluia.

**Gospel**

**Mk 12:38-44**

In the course of his teaching Jesus said,  
“Beware of the scribes, who like to go around in long robes  
and accept greetings in the marketplaces,  
seats of honor in synagogues,  
and places of honor at banquets.  
They devour the houses of widows and, as a pretext,  
recite lengthy prayers.  
They will receive a very severe condemnation.”

He sat down opposite the treasury  
and observed how the crowd put money into the treasury.

Many rich people put in large sums.

A poor widow also came and put in two small coins worth a few cents.

Calling his disciples to himself, he said to them,

“Amen, I say to you, this poor widow put in more than all the other contributors to the treasury.

For they have all contributed from their surplus wealth, but she, from her poverty, has contributed all she had, her whole livelihood.”

## The Solemnity of the Most Holy Body and Blood of Christ

Lectionary: 168

Reading I

Ex 24:3-8

When Moses came to the people and related all the words and ordinances of the LORD, they all answered with one voice, "We will do everything that the LORD has told us." Moses then wrote down all the words of the LORD and, rising early the next day, he erected at the foot of the mountain an altar and twelve pillars for the twelve tribes of Israel. Then, having sent certain young men of the Israelites to offer holocausts and sacrifice young bulls as peace offerings to the LORD, Moses took half of the blood and put it in large bowls; the other half he splashed on the altar.

Taking the book of the covenant, he read it aloud to the people, who answered, "All that the LORD has said, we will heed and do." Then he took the blood and sprinkled it on the people, saying, "This is the blood of the covenant that the LORD has made with you in accordance with all these words of his."

## Responsorial Psalm

116:12-13, 15-16, 17-18

R. (13) I will take the cup of salvation, and call on the name of the Lord.  
or:

R. Alleluia.

How shall I make a return to the LORD  
for all the good he has done for me?

The cup of salvation I will take up,  
and I will call upon the name of the LORD.

R. I will take the cup of salvation, and call on the name of the Lord.  
or:

R. Alleluia.

Precious in the eyes of the LORD  
is the death of his faithful ones.

I am your servant, the son of your handmaid;  
you have loosed my bonds.

R. I will take the cup of salvation, and call on the name of the Lord.  
or:

R. Alleluia.

To you will I offer sacrifice of thanksgiving,  
and I will call upon the name of the LORD.

My vows to the LORD I will pay

in the presence of all his people.

R. I will take the cup of salvation, and call on the name of the Lord.

or:

R. Alleluia.

## Reading II

**Heb 9:11-15**

Brothers and sisters:

When Christ came as high priest  
of the good things that have come to be,  
passing through the greater and more perfect tabernacle  
not made by hands, that is, not belonging to this creation,  
he entered once for all into the sanctuary,  
not with the blood of goats and calves  
but with his own blood, thus obtaining eternal redemption.

For if the blood of goats and bulls  
and the sprinkling of a heifer's ashes  
can sanctify those who are defiled  
so that their flesh is cleansed,  
how much more will the blood of Christ,  
who through the eternal Spirit offered himself unblemished to God,  
cleanse our consciences from dead works  
to worship the living God.

For this reason he is mediator of a new covenant:  
since a death has taken place for deliverance  
from transgressions under the first covenant,  
those who are called may receive the promised eternal inheritance.

## Sequence

**Lauda Sion**

Laud, O Zion, your salvation,  
Laud with hymns of exultation,  
Christ, your king and shepherd true:

Bring him all the praise you know,  
He is more than you bestow.

Never can you reach his due.

Special theme for glad thanksgiving  
Is the quick'ning and the living  
Bread today before you set:

From his hands of old partaken,  
As we know, by faith unshaken,  
Where the Twelve at supper met.

Full and clear ring out your chanting,  
Joy nor sweetest grace be wanting,  
From your heart let praises burst:

For today the feast is holden,  
When the institution olden  
Of that supper was rehearsed.

Here the new law's new oblation,  
By the new king's revelation,  
Ends the form of ancient rite:

Now the new the old effaces,  
Truth away the shadow chases,  
Light dispels the gloom of night.

What he did at supper seated,  
Christ ordained to be repeated,  
His memorial ne'er to cease:

And his rule for guidance taking,  
Bread and wine we hallow, making  
Thus our sacrifice of peace.

This the truth each Christian learns,  
Bread into his flesh he turns,  
To his precious blood the wine:  
Sight has fail'd, nor thought conceives,  
But a dauntless faith believes,  
Resting on a pow'r divine.

Here beneath these signs are hidden  
Priceless things to sense forbidden;  
Signs, not things are all we see:  
Blood is poured and flesh is broken,  
Yet in either wondrous token  
Christ entire we know to be.

Whoso of this food partakes,  
Does not rend the Lord nor breaks;  
Christ is whole to all that taste:

Thousands are, as one, receivers,  
One, as thousands of believers,  
Eats of him who cannot waste.

Bad and good the feast are sharing,  
Of what divers dooms preparing,  
    Endless death, or endless life.

Life to these, to those damnation,  
See how like participation  
    Is with unlike issues rife.

When the sacrament is broken,  
Doubt not, but believe 'tis spoken,  
    That each sever'd outward token  
    doth the very whole contain.

Nought the precious gift divides,  
Breaking but the sign betides  
    Jesus still the same abides,  
    still unbroken does remain.

*The shorter form of the sequence begins here.*

Lo! the angel's food is given  
To the pilgrim who has striven;  
    see the children's bread from heaven,  
    which on dogs may not be spent.

Truth the ancient types fulfilling,  
Isaac bound, a victim willing,  
    Paschal lamb, its lifeblood spilling,  
    manna to the fathers sent.

Very bread, good shepherd, tend us,  
Jesu, of your love befriend us,  
    You refresh us, you defend us,

Your eternal goodness send us  
In the land of life to see.

You who all things can and know,  
Who on earth such food bestow,  
Grant us with your saints, though lowest,  
Where the heav'nly feast you show,  
Fellow heirs and guests to be. Amen. Alleluia.

## Alleluia

**Jn 6:51**

R. Alleluia, alleluia.  
I am the living bread that came down from heaven,  
says the Lord;  
whoever eats this bread will live forever.

R. Alleluia, alleluia.

## Gospel

**Mk 14:12-16, 22-26**

On the first day of the Feast of Unleavened Bread,  
when they sacrificed the Passover lamb,  
Jesus' disciples said to him,  
"Where do you want us to go  
and prepare for you to eat the Passover?"  
He sent two of his disciples and said to them,  
"Go into the city and a man will meet you,  
carrying a jar of water.

Follow him.

Wherever he enters, say to the master of the house,  
'The Teacher says, "Where is my guest room

where I may eat the Passover with my disciples?"

Then he will show you a large upper room furnished and ready.

Make the preparations for us there."

The disciples then went off, entered the city,

and found it just as he had told them;

and they prepared the Passover.

While they were eating,

he took bread, said the blessing,

broke it, gave it to them, and said,

"Take it; this is my body."

Then he took a cup, gave thanks, and gave it to them,

and they all drank from it.

He said to them,

"This is my blood of the covenant,

which will be shed for many.

Amen, I say to you,

I shall not drink again the fruit of the vine

until the day when I drink it new in the kingdom of God."

Then, after singing a hymn,

they went out to the Mount of Olives.